Best Practices in Nursing – Standardized Nursing Language

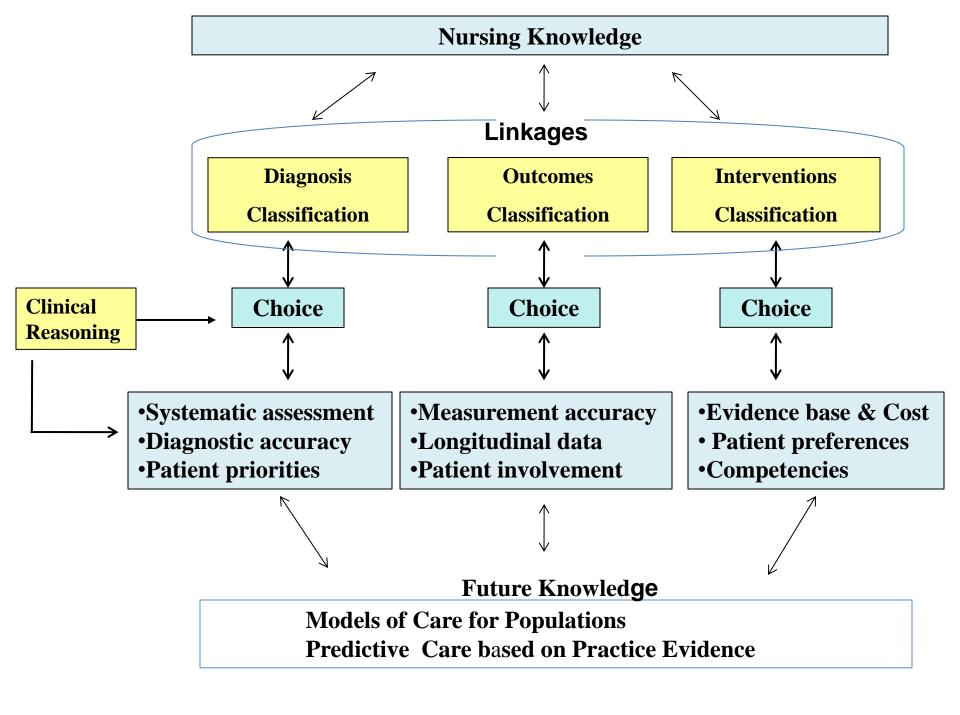
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Using NNN Linkages as the Foundation of Building an Electronic Healthcare Record

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Definition of Linkage

- An <u>association</u> or relationship that exists between a patient, family, or community problem (nursing diagnosis) and a desired outcome (resolution or improvement of the problem).
- The <u>change in the outcome</u> is usually the result of an <u>intervention</u> by a nurse or other care provider.

Moorhead et al, 2013, p. 571

Benefits of Linkages

To help nurses address the complexity of patient care situations in a focused manner consistent with the nursing process



Benefits of Linkages

Supports the development of NANDA-I diagnoses, NOC outcomes and NIC interventions thus increasing the knowledge base of nursing



Benefits of Linkages

Prepares nurses to be knowledge workers in society and recognized for their expertise



Using NOC Measurement Scales: Case Study Example



Case Study: Mr. K



- 80 year old man
- Lives in own home with his wife
- Treated for congestive heart failure
 - -Taking 80 mg of Lasix each morning
- Reduced activity level
 - -Loss of strength
 - -Compromised mobility

Case Study: Mr. K



- Often does not remove clothing at night and resists changing clothes more that once or twice a week
- Clothes are frequently wet with urine
- Urinary output over 1000 ml/day
- Mr. K reports he knows when he has to urinate but cannot reach toilet
- Reduced fluid intake except for coffee

NANDA-I



- Following assessment, nurse documents signs and symptoms for two priority nursing diagnoses
 - Urge Urinary Incontinence
 - Inability to reach toilet in time to avoid urine loss
 - Urinary urgency
 - Toileting Self-Care Deficit
 - Impaired ability to reach toilet
 - Impaired ability to complete toilet hygiene
 - Impaired ability to manipulate clothing for toileting

NANDA-I Urge Urinary Incontinence



NOCs

Urinary Continence

Knowledge: Prescribed Medication

NICs

- Urinary HabitTraining
- Urinary Incontinence Care
- Pelvic Muscle Exercise
- Teaching: Prescribed
 Medication

NOC Baseline Rating



- Overall NOC rating for Urinary Continence
 - **Indicators**
 - -Responds to urge in timely manner
 - -Gets to toilet between urge and passage of urine
 - -Drinks adequate amount of fluid
 - -Identifies medication that interferes with urinary control
- Rated Mr. K as a "3"

NOC Urinary Continence--0502

DEFINITION: Control of elimination of urine from the bladder

	Never	Rarely	Sometimes	Often	Consistently
	demonstrated	demonstrated	demonstrated	demonstrated	demonstrated
OUTCOME OVERALL RATING	1	2	3	4	5

NIC Implementation



- Urinary Habit Training
 - Established interval of initial toileting schedule based on voiding pattern and usual routine
 - Encouraged patient to toilet and void at prescribed intervals



NOC Post Intervention Rating

- Overall NOC rating Urinary Continence Indicators
 - -Responds to urge in timely manner
 - -Gets to toilet between urge and passage of urine
 - -Drinks adequate amount of fluid
 - -Identifies medication that interferes with urinary control
- Rated Mr. K as a "4"

NOC Urinary Continence--0502

DEFINITION: Control of elimination of urine from the bladder

	Never	Rarely	Sometimes	Often	Consistently
	demonstrated	demonstrated	demonstrated	demonstrated	demonstrated
OUTCOME OVERALL RATING	1	2	3	4	5

Rating Indicators

It is possible to rate all indicators

- BUT we know some are more important than others
- SO.... we do not suggest adding the indicators to get an average
- More research is needed to identify the critical indicators for each outcome

Strengths of NNN

- Recognized terminologies by ANA
- Clinical decision support framework
- Evidence-based plans of care
- Effective nurse staffing
- Effective student learning
- Effective staff education/evaluation
- Research-based nursing knowledge
- Evolves with changes in clinical practice

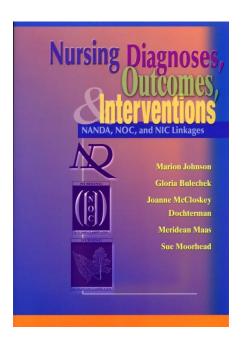
Linkage Questions

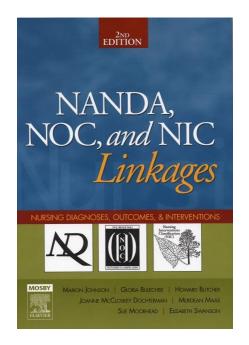
- What outcomes and interventions are selected for a specific nursing diagnosis?
- What interventions are selected most frequently for a specific outcome or diagnosis?
- What interventions achieve the best outcomes for a specific population of patients?

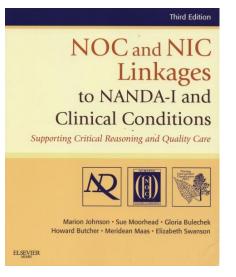
Linkage Questions

- Does the effectiveness of an intervention vary with patient characteristics?
- Does the effectiveness of the intervention vary with provider characteristics?
- Are some interventions more effective when used in combination?
- Does the frequency of an intervention have an impact on the outcome?

Three Editions of NNN Linkages

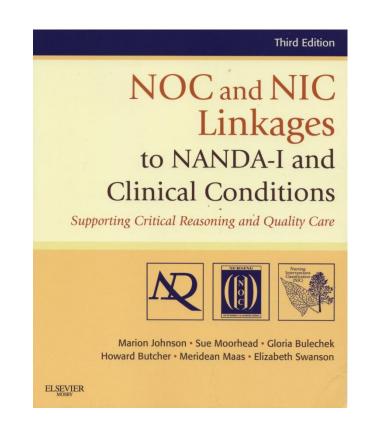






NOC and NIC Linkages to NANDA-I & Clinical Conditions

- Describes relationships among NANDA-I, NOC, and NIC terms
- Includes examples of clinical conditions
- Can be used in
 - Practice
 - Education
 - Research



Working with Linkages

- Select a Nursing Diagnosis and examine the list of NOCs and NICs
- Definitions are provided for all diagnoses and outcomes
- Some linkages have been validated with clinical research from actual patient data from EHRs

Examples of Linkages



Format

- A specific format has been designed to assist nurses to chose outcomes and interventions for a NANDA-I diagnosis
- A limited number of outcomes are included for ease of use
- Interventions are divided into 2 categories
 - Major
 - Suggested

Nursing Diagnosis Definition:

NOC - NIC LINKAGES FOR DIAGNOSIS

Outcome & Definition

Major Interventions

Suggested Interventions

Nursing Data for Electronic Health Records

- Important to capture nursing data to make the contributions of nurses to quality care visible
- Nursing terminologies provide the needed care plan data
 - Nursing diagnoses
 - Nursing interventions
 - Patient outcomes

Actual Problem Focused Nursing Diagnoses

- Anxiety
- Impaired Skin Integrity
- Deficient Fluid Volume



Anxiety

Definition: Vague uneasy feeling of discomfort or dread accompanied by an autonomic response (the source often nonspecific or unknown to the individual); a feeling of apprehension caused by anticipation of danger. It is an altering signal that warns of impending danger and enables the individual to take measures to deal with that threat.

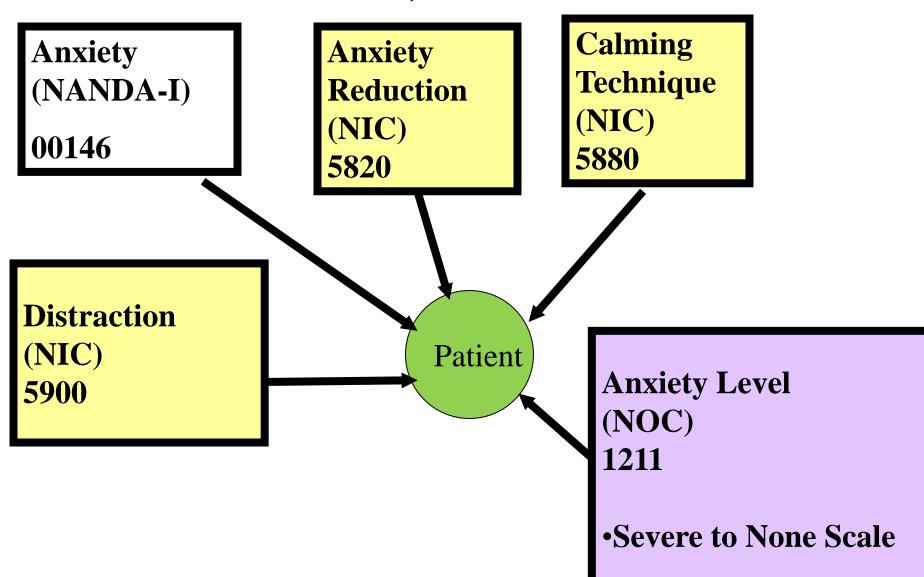
NOC – NIC LINKAGES FOR ANXIETY

Crossetad Interventions

Major Interventions

Outcome	Major Interventions	Suggested Interventions		
Anxiety Level	Anxiety Reduction	Active Listening	Dementia	
	Calming Technique	Anger Control	Management:	
Definition: Severity of manifested apprehension, tension, or uneasiness arising from an unidentifiable source		Assistance	Bathing	
		Aromatherapy	Medication	
		Autogenic Training Coping Enhancement Crisis Intervention	Administration	
			Music Therapy	
			Relaxation Therapy	
		Decision-Making	Relocation Stress	
		Support	Reduction	
		Distraction	Sleep Enhancement	
		Dementia	Security	
		Management	Enhancement	
		_	Vital Signs	
			Monitoring	

NANDA-I, NIC and NOC



Impaired Skin Integrity

Definition: Altered epidermis and or dermis.

NOC – NIC LINKAGES FOR IMPAIRED SKIN INTEGRITY

Outcome	Major Interventions	Suggested Interventions		
Tissue Integrity: Skin and Mucous Membranes	Pressure Management Skin Surveillance	Amputation Care Circulatory Care: Arterial Insufficiency Circulatory Care: Venous Insufficiency	Infection Protection Medication Administration: Skin Ostomy Care	
Definition: Structural Intactness and normal physiological function of skin and mucous membranes		Foot Care	Positioning Pressure Management Pressure Ulcer Care Skin Care: Topical Treatments	

NANDA-I, NIC and NOC

Impaired Skin Integrity (NANDA-I)

Pressure Management (NIC)

3500

Pressure Ulcer Care (NIC)

3520

00046

Pressure Ulcer Prevention (NIC) 3540

Patient

Tissue Integrity: Skin and Mucous (NOC) 1101

Compromised Scale

Adapted from Harris, M., Graves, J. R., Solbrig, H.R., Elkin, P.L., Chute, C.G. (2000). Embedded structures and nursing knowledge representation. Journal of the American Medical Informatics Association. 7(6)

Deficient Fluid Volume

Outcome

Definition: Decreased intravascular, interstitial, and/or intracellular fluid

Major Interventions

NOC - NIC LINKAGES FOR DEFICIT FLUID VOLUME

Suggested Interventions

Outcome	iviajor inter ventions	Suggested interventions		
Fluid Balance	Fluid Management	Enteral Tube Feeding	Shock Preventi0on	
	Fluid Monitoring	Fluid Management	Vital Signs	
		Fluid Monitoring	Monitoring	
Definition: Water		Fluid Resuscitation		
balance in the		IV Therapy		
intracellular and				
extracellular				
compartments of the				
body				

NANDA-I, NIC and NOC

Deficient
Fluid Volume
(NANDA-I)
00027

Fluid Management (NIC)

4120

4130

Fluid

(NIC)

Monitoring

Fluid/Electrolyte Management (NIC)2080

Patient

Fluid Balance (NOC) 1601

•Compromised Scale

Linkages: Risk for Nursing Diagnosis

Risk for Infection



Infection, Risk for

Definition: At increased risk for being invaded by pathogenic organisms

NOCs to assess and measure actual occurrence of the diagnosis

Infection Severity
Infection Severity: Newborn



OUTCOMES ASSOCIATED WITH RISK FACTORS FOR INFECTION (19)

Burn Healing

Community Risk

Control: Communicable Nutritional Status:

Disease

Gastrointestinal

Function

Immune Status

Immunization Behavior Process

Maternal Status:

Antepartum

Maternal Status:

Intrapartum

Medication Response

Nutritional Status:

Nutrient Intake

Maternal Status:

Postpartum

Nutrient Intake

Oral Hygiene

Physical Injury Severity

Risk Control: Infectious

Risk Control: Sexually

Transmitted Diseases

(STD)

Tissue Integrity: Skin &

Mucous

Membranes

Wound Healing:

Primary Intention

Wound Healing:

Secondary Intention



NICS ASSOCIATED WITH PREVENTION OF INFECTION

Amputation Care

Cesarean Section Care

Circumcision Care

Communicable Disease

Management

Cough Enhancement

Immunization/Vaccination

Management

Incision Site Care

Infection Control

Infection Control:

Intraoperative

Infection Protection

Intrapartal Care

Intrapartal Care: High-Risk

Delivery

Medication Management

Nutrition Therapy

Nutritional Monitoring

Oral Health Promotion

Oral Health Restoration

Perineal Care

Postpartal Care

Pregnancy Termination

Care

Pressure Ulcer Care

Pressure Ulcer Prevention

Pruritus Management

Skin Care: Donor Site

Skin Care: Graft Site

Surveillance

Skin Surveillance

Teaching: Safe Sex

Tube Care: Urinary

Wound Care

Wound Care: Burns

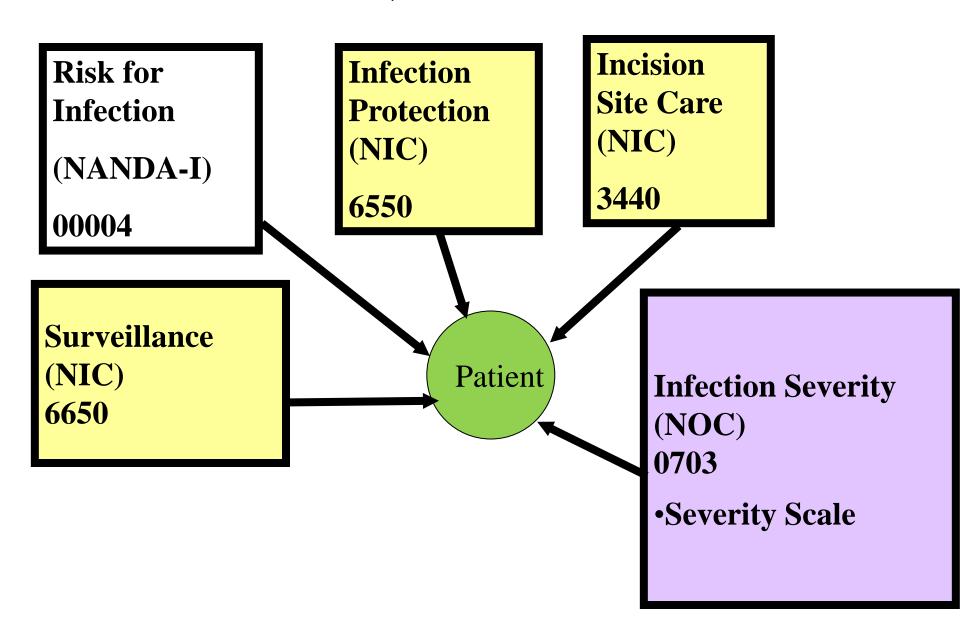
Wound Care: Closed

Drainage

Wound Irrigation



NANDA-I, NIC and NOC



Linkages for Readiness Nursing Diagnosis

Readiness for Enhanced Knowledge



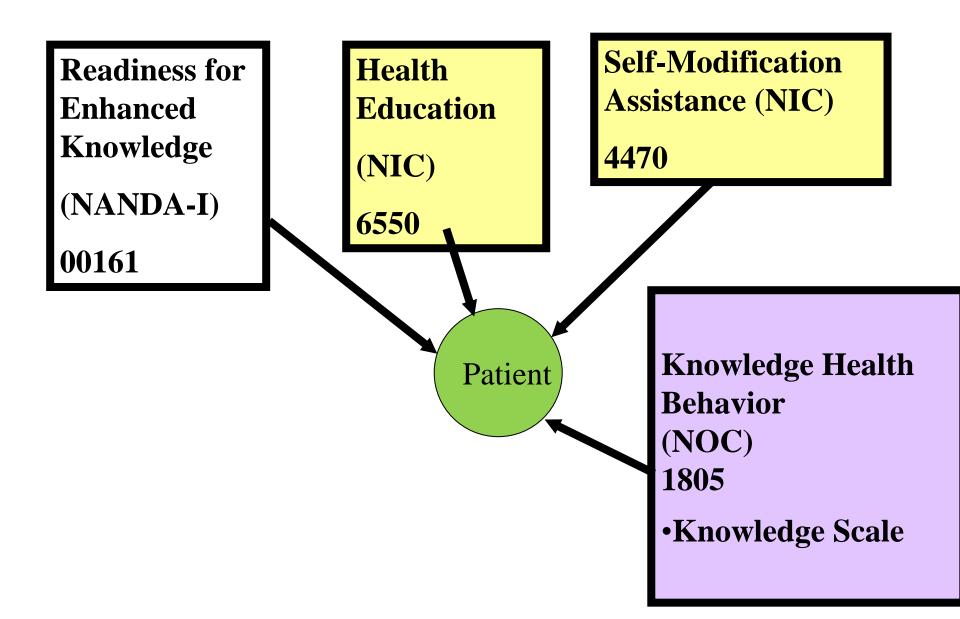
Knowledge: Readiness for Enhanced

Definition: The presence or acquisition of cognitive Information related to a specific topic is sufficient for meeting health-related goals and can be strengthened

NOC – NIC LINKAGES FOR READINESS FOR ENHANCED KNOWLEDGE

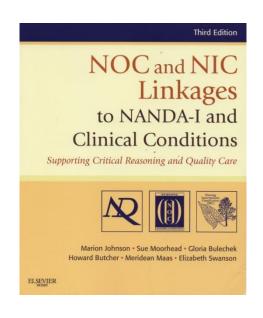
Outcome	Major Interventions	Suggested Interventions	
Knowledge: Health Behavior Definition: Extent of understanding conveyed about the promotion and protection of health	Health Education Learning Facilitation Learning Readiness Enhancement	Health System Guidance Immunization/ Vaccination Management Self-Modification Assistance Self-Responsibility Facilitation Smoking Cessation Assistance	Teaching: Safe Sex Substance Use Prevention Vehicle Safety Promotion

NANDA-I, NIC and NOC



Clinical Conditions included in the Linkage Book

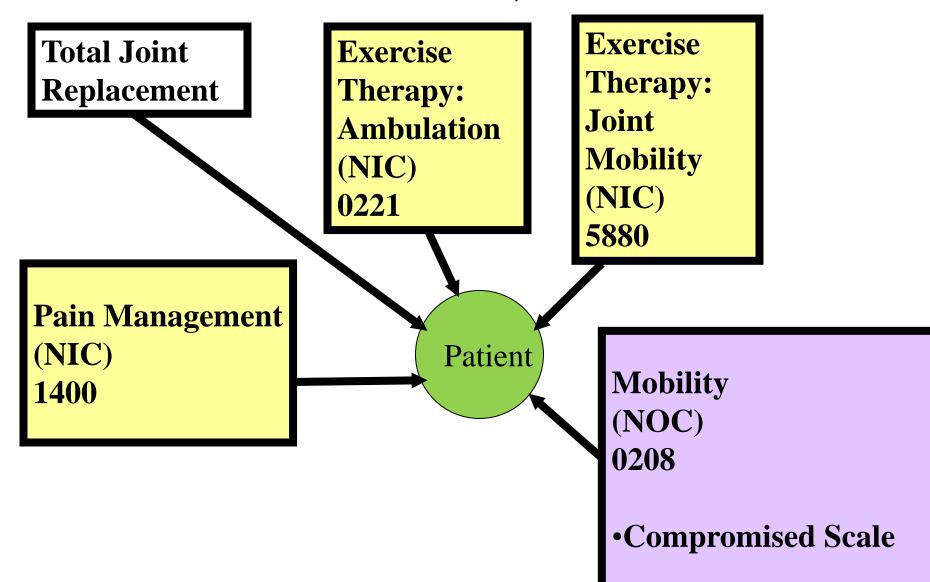
- Asthma
- Colon and Rectal Cancer
- Chronic Obstructive Pulmonary Disease
- Depression
- Diabetes Mellitus
- Heart Failure
- Hypertension
- Pneumonia
- Stroke
- Total Joint Replacement: Hip/Knee



Total Joint Replacement

Outcome	Major Interventions	Suggested Interventions
Mobility Definition: Ability to move purposefully in own environment independently with or without assistive device	Exercise Therapy: Ambulation Exercise Therapy: Joint Mobility	Body Mechanics Promotion Environmental Management: Safety Exercise Promotion Exercise Promotion: Strength Training Exercise Promotion: Stretching
Fall Prevention Behavior Definition: Personal or family caregiver actions to minimize risk factors that might precipitate falls in the personal environment	Environmental Management: Safety Fall Prevention	Medication Management Self-Care Assistance Surveillance: Safety

Clinical Condition, NIC and NOC



Research Focused on Cancer Patients

In a dissertation by Hui-Chen Tseng (2012) data from patients admitted on 4 oncology units in a tertiary hospital were studied.

Unit G=Gynecology, Oral Surgery, & Otolaryngology

Unit H=Hematology/Oncology & Palliative Care

Unit M=Medical Surgical Oncology

Unit A=Adult Leukemia & Bone Marrow Transplant

Patients with Cancer Hui-Chen Tseng

Collect data from 4 units



Select the first admission



Care plan

A total of 3,335 hospitalizations provided 2,671 unique patients due to some patients having multiple admissions over the study period (June 1, 2010 - December 31, 2010).

Only first admissions for patients with a care plan were entered into the study for analysis

A total of 2,237 unique patients with a care plan, discharged from four specialty units with a diagnosis of cancer or under investigation for a possible cancer diagnosis were included for analysis.

Methods

- Descriptive retrospective design using care plan data
- A total of 3,335 hospitalizations provided 2,671 unique patients due to some patients having multiple admissions over the study
- Only first admissions for patients with a care plan were entered into the study for analysis
- A total of 2,237 patients with a possible cancer diagnosis were included for analysis

Most Frequent NANDA-I Diagnoses for 4 Cancer Units

Rank	NANDA-I	n	% ¹	% ²
1	Acute Pain	1,746	24.94	78.05
2	Risk for Infection	710	10.14	31.74
3	Nausea	591	8.44	26.42
4	Impaired Skin Integrity	410	5.86	18.33
5	Risk for Falls	387	5.53	17.30
6	Deficient Knowledge Pre/Post Procedure/Surgery	353	5.04	15.78
7	Activity Intolerance	263	3.76	11.76
8	Deficient Knowledge, Disease Process	206	2.94	9.21
9	Anxiety	192	2.74	8.58
10	Imbalanced Nutrition: Less than Body Requirements	192	2.74	8.58

Most Frequent NOCs for 4 Cancer Units

		Outcomes for all units ^a		Patient with Outcome ^b	
Rank	NOC	n	% ^a	n	% ^b
1	Pain Level	1815	22.14	1,793	80.15
2	Infection Severity	710	8.66	710	31.74
3	Nausea and Vomiting Severity	591	7.21	591	26.42
4	Knowledge: Treatment Procedure	547	6.67	540	24.14
5	Tissue Integrity: Skin and Mucous Membranes	526	6.42	476	21.28
6	Pain Control	519	6.33	520	23.25
7	Knowledge: Fall Prevention	382	4.66	382	17.08
8	Fall Prevention: Behavior	380	4.64	380	16.99
9	Activity Tolerance	263	3.21	263	11.76
10	Anxiety Level	192	2.34	192	8.58

Most Frequent NICs for 4 Cancer Units

		Nursing interventions for all units		
	NIC			
Rank		n	%	
1	Pain Management	2,351	19.91	
2	Fall Prevention	742	6.28	
3	Infection Protection	708	6.00	
4	Infection Control	697	5.90	
5	Nausea Management	584	4.95	
6	Teaching:			
	Procedure/Treatment	547	4.63	
7	Analgesic Administration	521	4.41	
8	Skin Surveillance	516	4.37	
9	Wound Care	409	3.46	
10	Pressure Management	398	3.37	

Most Frequently Used Linkages

#	NANDA-I	NIC	NOC	n
1	Acute Pain	Pain Management	Pain Level	1,735
2	Risk for Infection	Infection Protection	Infection Severity	708
3	Risk for Infection	Infection Control	Infection Severity	697
4	Nausea	Nausea Management	Nausea and Vomiting Severity	591
5	Acute Pain	Pain Management	Pain Control	514
6	Impaired Skin Integrity	Skin Surveillance	Tissue Integrity: Skin and Mucous Membranes	397
7	Impaired Skin Integrity	Wound Care	Tissue Integrity: Skin and Mucous Membranes	390
8	Risk for Falls	Fall Prevention	Knowledge: Fall Prevention	372
9	Risk for Falls	Fall Prevention	Fall Prevention: Behavior	370
10	Deficient Knowledge Pre/Post Procedure/Surgery	Teaching: Procedure/Treatment	Knowledge: Treatment Procedure	347

Validated Outcomes From this Research



NANDA-I Nausea Inpatient Cancer Patients

Validated NOCs

Nausea & Vomiting Severity

Validated NICs

Nausea Management



NANDA-I Acute Pain Inpatient Cancer Patients

Validated NOCs

- Pain Level
- Pain Control
- Pain: Disruptive Effects



Validated NICs

- PainManagement
- AnalgesicAdministration
- Emotional Support

NANDA-I Chronic Pain Inpatient Cancer Patients

Validated NOCs

- Pain Level
- Pain: Disruptive Effects



Validated NICs

- PainManagement
- Analgesic Administration
- Emotional Support

NANDA-I Impaired Skin Integrity Inpatient Cancer Patients

Validated NOCs

- Tissue Integrity:

 Skin & Mucous
 Membranes
- Burn Healing



Validated NICs

- Wound Care
- Skin Surveillance
- Pressure Management
- Pressure Ulcer Care
- Seizure Precautions
- Foot Care

NANDA-I Risk for Falls Inpatient Cancer Patients

Validated NOCs

- Knowledge: Fall Prevention
- Fall Prevention Behavior

Validated NICs

Fall Prevention



Core Specialty Practice

- NOC provides outcomes for specialty practice
- Offer insight to the holistic view of nursing outcomes from all domains in taxonomy
- Defines important scope of practice of the specialty
- Basis of core curriculum for specialty areas
- Most specialties could identify a short list of 20 outcomes

Definition: Core Outcome

A concise set of outcomes that capture the essence of specialty practice but is not comprehensive enough to include all outcomes used by nurses working in that specialty



Research Focused on Use of NOC in Specialty Practice

Core Outcomes



Gerontology Nursing Top 7 Outcomes

- Nutritional Status
- Oral Health
- Nutritional Status: Energy
- Nutritional Status: Food & Fluid Intake
- Urinary Elimination
- Fall Prevention Behavior
- Vital Signs



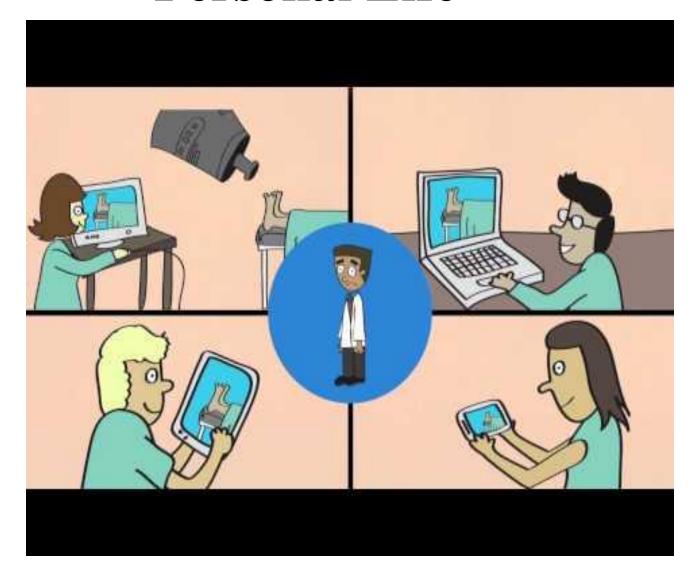


Medical-Surgical Nursing Top 8 Outcomes

- Vital Signs
- Self-Care: Toileting
- Nutritional Status: Food and Fluid Intake
- Knowledge: Medication
- Sleep
- Balance
- Ambulation: Walking
- Physical Aging Status



Technology is Everywhere in Our Personal Life







12 Strategies for Using NNN in Electronic Health Records

No more paper charts!



Strategy #1 for Using NNN

Fact

 We know very little about the focus of nursing care in our organizations

Implications

- Identify the top 10 nursing diagnoses used in your organization & top 10 for each unit
- Identify the most frequently used nursing interventions for the organization and each unit
- Identify top outcomes for your organization and each unit

Strategy #2 for Using NNN

- Fact
 - Identify key patient populations
- Implications
 - Develop plans of care using NNN
 - Use NNN linkages for orientation of new staff or students
 - Collect data to build evidence-based practice
 - Measure trends in outcomes for populations over time

Strategy #3 for Using NNN

Fact

- For most organizations the top 10 nursing diagnoses account for 85% of the patients treated by the organization!

• Implications:

 The EHR does not need to include all concepts from NANDA-I, NIC, and NOC. Start small, add as you identify other diagnoses, outcomes, and interventions you need

Strategy #4 for Using NNN

- Fact
 - Education on NNN is critical
- Implications
 - Plan for several sessions of orientation;
 double or triple the time allocated for learning the basics
 - Multiple sessions work better than long presentations; hands on best
 - Experience with computer applications does shorten the time

Strategy #5 for Using NNN

Fact

Case studies developed by nurses in your organization are most useful

Implications

- The case studies need to fit the patients the nurses care for every day
- Nurses need to have several opportunities to rate outcomes for a patient over the hospital stay as the situation changes
- Measuring outcomes will be the biggest challenge

Strategy #6 for Using NNN

Fact

- For most hospitals teaching interventions are close to 50% of treatments

Implications

- Include teaching interventions in every care plan
- Customize the teaching strategies to the patient's knowledge
- Customize the teaching to the patient's preferred learning style

Strategy #7 for Using NNN

- Fact
 - Unit Champions are useful as change agents
- Implications
 - May want to include nurses that will resist the change
 - Prepare Champions for answering basic questions about NNN
 - Use Champions to build unit case studies
 - In general, younger nurses handle the IT issues more easily

Strategy #8 for Using NNN

Fact

Outcomes can be used and shared across disciplines- they are about the patient

- Implications
 - Use of NOC can increase interdisciplinary practice collaboration
 - Provides a focus on a team approach to care
 - Evaluate outcomes of current practice quarterly

Strategy #9 for Using NNN

• Fact

 Patients need to be able to care for their chronic health conditions after discharge

Implications

- Knowledge outcomes for specific conditions help the patient learn about their health challenges
- Self-Management outcomes support behavior changes that improve health
- Patient can measure their progress post discharge

Strategy #10 for Using NNN

- Fact
 - Nurse competencies need to be evaluated
- Implications
 - NIC can be used to measure nurse competency (yearly or at time of hire)
 - Competency evaluation should be consistent with nurses work setting
 - Nurses who work in multiple settings should maintain a longer competency list
 - Competency can determine who "floats"

Strategy #11 for Using NNN

- Fact
 - Nurses want to get feedback on their performance that has meaning
- Implications
 - Outcomes of individual nurses can be shared
 - Nurses with the best patient outcomes can share their strategies in meeting patient needs
 - Nurses can be rewarded for their care- to increase satisfaction

Strategy #12 for Using NNN

- Fact
 - Focus is on getting data in the EHR
- Implications
 - Need to focus also on getting data out
 - Share reports you want with the vendor

The Key to the Future

- * Our efforts in language development have placed nursing in a key position to provide important key concepts for the electronic health record
- * Opportunities exist to use actual nursing data to conduct outcome evaluation, quality improvement, and effectiveness research
- * Nursing is poised to be a leader in this endeavor!

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Questions?







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