

JOINT INTERNATIONAL WEEK OF TALLINN HEALTH CARE COLLEGE AND TTK UNIVERSITY OF APPLIED SCIENCES

INFORMATION SHEET

When and where

Dates: 6–10 November 2017

Venues: Tallinn Health Care College, Kännu 67, Tallinn

TTK University of Applied Sciences, Pärnu mnt 62, Tallinn

Making further arrangements

If you would like to have a meeting at a specific chair, give a lecture/presentation or visit a practical placement, please coordinate your plans with the respective head of curriculum:

Pharmacy – Ms Lilian Ruuben, lilian.ruuben@ttk.ee

Dental Technology – Ms Heli Kuuse, heli.kuuse@ttk.ee

Occupational Therapy – Ms Karin Lilienberg, karin.lilienberg@ttk.ee

Nursing – Ms Kristi Puusepp, kristi.puusepp@ttk.ee

Health Promotion – Ms Maie Alas, maie.alas@ttk.ee

Optometry – Mr Vootele Tamme, vootele.tamme@ttk.ee

Midwifery – Ms Katrin Klein, katrin.klein@ttk.ee

Kohtla-Järve Structural Unit – Ms Olesja Zeel, olesja.zeel@ttk.ee

Vocational Education – Ms Piret Tamme, piret.tamme@ttk.ee

How to get to the city centre from the airport?

Tallinn airport is very close to the city, about 4 km from the city centre, therefore it is very easy and convenient to get from the airport to the centre. You can use a bus or a tram.

Please read more [here](#)

By taxi

We advise you to order yourself a taxi, because the taxi companies parking at the airport are more expensive. Here are some cheap and good taxi companies: taxi Q 1525, taxi IR +372 638 0000, taxi Reval 1207, taxi Krooni (you can pay by card in all of their cars) +372 566 06000. Here is the website with all of the [taxi companies in Tallinn](#)

You can also download the **Taxify** application for free in your smartphone. It enables you to see all the different taxi companies that are currently near your location. You can choose the taxi with a suitable price and order it using the application. After that you can see on the map how the car is moving towards your location. You can also use **Uber**.

If you take a taxi from the street, know that you can choose any taxi in the line. In general, taxi in Tallinn is quite affordable. Normally you have to pay something between 6-10 euros, so if you share your taxi, the cost per person might be about the same as to buy a bus ticket from the driver. Nevertheless, please note that taxi companies in Tallinn have very different prices. Before sitting in, always read about the price from the information sheet on the taxi

window. You can also ask about the approximate cost of the ride before sitting in the taxi. We advise you to always ask for a receipt from the driver. This way you can make sure that you will pay the correct sum. If the driver fails to provide you with a receipt, you have the right not to pay for the ride. As the Tallinn airport is situated almost in the city centre, taking the taxi from the airport to the city centre should not cost over 10 euros.

By bus

Step 1

Start by purchasing a green plastic **public transportation card** from the R-kiosk (kiosk that sells newspapers, sweets etc) at the airport. Smartcards are also on sale in post offices, Maxima, Prisma and Selver supermarket chains and at the Tallinn City Council customer service desk (Vabaduse väljak 7). You need to pay 2 euros of deposit for your smartcard. This sum is refundable (6 months after the first validation), if you return your smartcard to the Tallinn City Council customer service desk (Vabaduse väljak 7). The smartcard allows you to top up credit or buy different types of tickets on it. The clerk of the R-kiosk will help you with it. Please find information about ticket prices [here](#). Once inside the bus/tram/trolleybus, you must validate the card by putting it against the orange machine, which you can find by every door. If this sounds too complicated for you, you can just buy single journey regular paper tickets that cost 1.60 euros from the driver when you enter the public transportation. Please try to have precise change.

Step 2

Take a bus no 2 in front of the airport to the centre.

General information about the Tallinn public transportation

Public transportation operates between 6:00 and 23:00 (some lines operate until 24:00). Please find the **virtual map of Tallinn, route planner and other useful information about Tallinn and its public transportation** at www.tallinn.ee As your hotels are located in the city centre, you should not have to use public transportation very often, because Tallinn city centre and the old town are small and compact.

Accommodation

You can book any hotel you like in Tallinn, but Tallinn Health Care College has partnership with the hotels listed below which provide our guests a special price. We have made a pre-booking at the hotel Kreutzwald which is the most popular hotel among our guests. When making your booking, just inform them that you are a guest of Tallinn Health Care College and you will receive a better price. All these hotels are located in the centre of Tallinn, so it is quick and easy to get to our college as well as to the city centre.

[Kreutzwald Hotel Tallinn](#) (Endla 23, Tallinn): standard room for one 59 eur per night, standard room for two 64 eur per night. If you wish to stay in a more luxurious room, ask the respective price from the hotel.

[Centennial Hotel Tallinn](#) (Endla 15, Tallinn): standard room for one 64 eur per night, standard room for two 69 eur per night. If you wish to stay in a more luxurious room, ask the respective price from the hotel.

[Von Stackelberg Hotel Tallinn](#) (Toompuiestee 23, Tallinn): standard room for one 81 eur per night, standard room for two 93 eur per night. If you wish to stay in a more luxurious room, ask the respective price from the hotel.

Getting from the hotel to the locations of the international week

If you stay at Kreutzwald Hotel Tallinn (Endla 23):

-to get to Tallinn Health Care College (Känu 67), take a trolley no 3 from stop "Koidu" to stop "Siili".

-to get to TTK University of Applied Sciences (Pärnu mnt 62), take bus no 16 from stop "Koidu" to stop "Liivalaia".

If you stay at Centennial Hotel Tallinn (Endla 15, Tallinn):

-to get to Tallinn Health Care College (Känu 67), take a trolley no 3 from stop "Koidu" to stop "Siili".

-to get to TTK University of Applied Sciences (Pärnu mnt 62), take bus no 16 from stop "Koidu" to stop "Liivalaia".

If you stay at hotel Von Stackelberg (Toompuiestee 23)

- to get to Tallinn Health Care College (Känu 67), take trolley no 4 from stop "Kelmiküla" to stop "Siili".

- to get to TTK University of Applied Sciences (Pärnu mnt 62), take trolley no 1 from stop "A. Adamson" to stop "Tõnismägi". You can also easily walk to the TTK UAS.

If you stay at some other hotel, you can use google maps route planner or www.tallinn.ee route planner to find your way.

Currency

The currency used in Estonia is euro. Most places in Estonia accept Visa, MasterCard, Eurocard, Diner's Club and American Express. However, we advise you to carry some cash with you.

Weather and clothing

Please find information about weather in Tallinn [here](#) We suggest to pack comfortable smart casual clothes. None of the events require formal attire. As autumn in Estonia can be windy and rainy, we suggest to bring warm boots, gloves, scarf, hat and a water resistant coat. You will not have fun if you are cold, so better safe than sorry!

Language

Most Estonians speak English. Russian, Finnish and German are also widely spoken.

Medical Services

Pharmacies are usually open from 10:00-19:00, but two of them are open all night (Südameapteek, Tõnismägi 5, ph: +372 644 2282 and Vikerlase 16, ph: +372 638 4338). In case of an accident or sudden illness, call for an ambulance free-of-charge from any phone: **112**. You can call the police free-of-charge from any phone at **110**.

Security

Tallinn is a very safe city. Nevertheless, the usual safety precautions still apply. Always keep an eye on your purse or wallet.

Power Supply

The electricity current is 220 volts AC, 50 Hz, European-style 2-pin plugs are used.

Restaurants

You will find many good restaurants in Telliskivi creative city: F-hoone, Bueno Gourmet, Frenchy, Kivi Paber Käärid (100% gluten free cuisine), Lendav taldrik (Asian cuisine)

Rataskaevu 16 (favourite of locals)

Kaks kokka, Mere pst 6E, Tallinn

Vegan Restaurant V, Rataskaevu 12, Tallinn

Frank, Sauna 2, Tallinn (good meat dishes)

Kolm Sibulat, Telliskivi 2, Tallinn

Please find more information [here](#) or just walk around and enjoy, because there is a cafe or restaurant on every corner! Giving a tip is not a general custom in Estonia, but if you wish to do so, 10% should be enough.

Supermarkets

Viru Shopping Centre, Viru väljak 4, Tallinn

RIMI Supermarket, Narva mnt 1, Tallinn

RIMI Old town, Aia tn 7, Tallinn

For further information, please contact:

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