

INTERNATIONAL CONFERENCE

**"EMPOWERMENT OF PUBLIC HEALTH,
HEALTH CARE AND WELLBEING -
EDUCATION, RESEARCH AND PRACTICE"**

November 6-7, 2024
Tallinn, Estonia



TALLINN
HEALTH CARE
COLLEGE



Day I November 6, 2024*Swissotel, Tornimäe street 3, Tallinn*

Chairs: Jekaterina Šteinmiller and Kurt Cassar

9:30 Registration

10:00 Conference opening

10:05	Anniki Lai , Vice Chancellor for Health Affairs, Estonia
10:10	Ülle Ernits RN, PhD, Rector, Tallinn Health Care College, Estonia
10:15-10:40	Invited speaker: Kaire Innos PhD, National Institute for Health Development, Estonia
10:40-11:00	``Barriers to adapting to Type 2 diabetes, adaptation profiles, and their relationship to complications`` Maarja Randväli RN, MSc et al. (Estonia)
11:00-11:20	``The importance of informing about the preventive program for early detection of prostate cancer`` Prof. Dr. Željko Jovanović PhD et al. (Croatia)
11:20-11:40	``Understanding of professional guidelines by lay public – results of RCT pilot study in the Czech Republic`` Mgr. Dana Dolanová PhD. et al (Czech Republic)
11:40-12:30	POSTERS` SESSION
12:30-13:30	Lunch break
13:35-14:00	``Transforming Nursing Care Using Clinical Decision Support Systems`` Invited speaker: Luca Bertocchi RN, PhD (Italy)
14:00-14:20	``The Effect of Video-Assisted Training on the Ability to Inject Intramuscular Injection into the Ventrogluteal Area`` Assoc. Prof. Nuray Turan PhD (Turkey)
14:20-14:40	“Digital solutions for the optimization of processes in Operating Theatre” Diana Ptašinskienė (Lithuania) and Anu Ool (Lithuania)
14:40-15:00	``Quality of E-learning infection material using the Learning Object Review Instrument: An interrater reliability study`` Assoc. Prof. Nuray Turan PhD (Turkey)
15:00-15:20	Coffee break
15:20-15:45	Quality of care Invited speaker: Prof. Dr. Natalja Istomina RN, PhD (Lithuania)

15:45-16:05	``Methods and approaches for developing plain language recommendations of medical guidelines: main highlights of a scoping review`` Mgr. Bc. Alena Langafova Ph.D et al. (Czech Republic)
16:05-16:25	``End-of-life care preferences of elderly`` Prof. Dr. Željko Jovanović PhD et al. (Croatia)
16:25-17:00	PANEL DISCUSSION
18:00-21:00	Social event and networking “The contemporary museum of photography, art & culture Fotografiska” Address: Telliskivi 60a-8, Tallinn

POSTERS`SESSION*

1. ``Overcoming dispositional learning barriers based on the experience of adults entering higher education based on the experience of nursing students in a healthcare college`` Sirk, G. (Estonia)
2. ``First- and fourth year nursing students' assessment of the clinical learning environment, supervision and the role of the nursing teacher`` Nool I., Parm L., Tupits M., Prits I., Kuhi M., Männiksaar L., Eensalu-Lind A., Raudsepp V. (Estonia)
3. ``Nursing students' physical health, health behaviour and attitudes towards being role model to their patients`` Zeel O., Steinmiller J. (Estonia)
4. ``Digital health education and nursing students' perceptions of technology`` Sule, J. (Estonia).
5. ``Assessing aftereffects of daily visual tasks across diferent realities`` Räppo D. (Estonia)
6. ``The Experiences and Needs of Parents of Children with Inflammatory Bowel Disease in Coping with the Child's Disease`` Kööp K., Tupits M. (Estonia)
7. ``The Experiences and Needs of Parents of Children with Cerebral Palsy in Coping with the Child's Disease`` Kööp K., Tupits M. (Estonia)
8. ``Phrasing Sensory Integration theory terminology into Estonian based on adaptations of Evaluation in Ayres Sensory Integration, Sensory Profile 2, and Adolescent/Adult Sensory Profile`` Pöldma H-M., Eiche G., Savolainen J., Tähtla Õ., Puura K. (Estonia)

*Our poster session differs from the traditional format, as we invite authors to present their findings up to 5 min on stage in the main hall, akin to other speakers. Posters will be displayed on the main screen during the session time. **A 'Best Poster Award' will be given for outstanding posters!**

Day 2 November 7, 2024

Swissotel, Tornimäe street 3, Tallinn

Chairs: Maarja Randväli and Kurt Cassar

9:30 Registration

10:00 Conference opening

10:05-10:30	“Sense of coherence as an underpinning concept in nursing education and research” Invited Speaker: Docent Kay Sundberg PhD (Sweden)
10:30-10:50	“Lecturers' experiences of teaching standardised nursing language to nursing students: An ethnographic research study” Prof. Kristi Rannus RN, PhD (Estonia)
10:50-11:10	“Nurses' Experiences of Completing the Training "Nurses Back to Healthcare" and Returning to Professional Work 2020–2024” Kadri Kööp RN, MSc (Estonia)
11:10-11:30	“The role of healthcare specialized libraries in supporting adult development in promoting health and well-being: future directions” Siret Piirsalu MA (Estonia)
11:30-12:30	POSTERS` SESSION and BEST POSTER AWARD
12:30-13:30	Lunch break
13:30-13:50	“Reflecting on the health advice legacy of Estonian family magazines (1930–1940): towards a healthy lifestyle” Assoc. Prof. Merle Talvik PhD et al. (Estonia)
13:50-14:10	“Validity and Reliability of the Turkish version of the Infection Prevention Appraisal Scale” Assoc. Prof. Nuray Turan PhD (Turkey)
14:10-14:35	“Health profession education virtual and real: from tradition to the challenges of today” Invited Speaker: Mgr. Ing. Alena Lochmannová , Ph.D. et Ph.D., MBA (Czech Republic)
14:35-15:00	“Lecturers’ perceptions and conveyance of academic ethics to students in distance learning” Maigi Lepik MSc et al. (Estonia)
15:00-15:20	“Transforming Intercultural sensitivity Midwifery students through an inclusive mobility model” Annely Kärema MSc et al. (Estonia)

15:20-15:40	Coffee break
15:40-16:05	''Take up and feedback of the Leading an Empowered Organisation (LEO) programme''? Prof. Dickon Weir-Hughes (Estonia)
16:05-16:25	''Learning Challenges and Expectations of teaching among neurotypical students and students with ADHD: a comparative analysis'' Doc. Dr. Viktorija Piščalkienė V. et al. (Lithuania)
16:25-16:45	''The Impact of Blended Learning on Improving Nurses' Hand Hygiene Knowledge in Developing Occupational Safety Culture'' Ljudmila Linnik RN, MSc (Estonia)
16:45-17:05	''International experience benefits in teaching skills of breastfeeding education'' Marge Põldma (Estonia)
17:05	Summary of the conference. Closing Ulvi Kõrgemaa RN, MSc Vice Rector of Academic Affairs, Tallinn Health Care College (Estonia)

POSTERS`SESSION*

1. ''The practical activities of the patient education program to promote the well-being of cancer patients'' Cipolat Mis C. (Italy)
2. ''Tactical life-saving aid at the Police and Border Guard Board'' Porval, H., Steinmiller, J. (Estonia)
3. ''Specialist nurses' (endocrinology) interventions and their influencing factors in patient'' Sider A. (Estonia)
4. ''Opportunities for Improving the Quality of Life of Nursing Home Residents through Enhanced Medication Use'' Valner C., Sepp K., Kiloman M., Ruuben L. (Estonia)
5. ''Relactation counselling combined with domperidon helps a mother to achieve breastfeeding relationship'' Põldma M. (Estonia)
6. ''The experiences and needs of family nurses when counselling climacteric female patients'' Grünthal-Drell M., Lelle D., Frischer., Fomitšev L. (Estonia)
7. ''The Development of a Sustainable Quality Management System aligned with the Baby Friendly Hospital Initiative Principles in the East Tallinn Central Hospital Women's Clinic'' Põldma M. (Estonia)
8. ''Pregnancy and its outcomes in women with obesity and underweight'' Shelestova L. (Estonia)
9. ''Attitudes towards violence against women of students of the first-year nursing curriculum of Tallinn Health College'' Merits M., Tupits M., Nool I. (Estonia)

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