

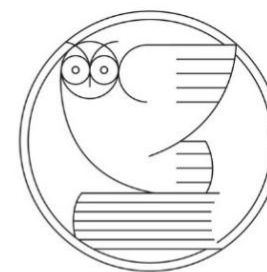
INTERNATIONAL CONFERENCE

**"EMPOWERMENT OF PUBLIC HEALTH,
HEALTH CARE AND WELLBEING -
EDUCATION, RESEARCH AND PRACTICE"**

November 6-7, 2024
Tallinn, Estonia



TALLINN
HEALTH CARE
COLLEGE



Day I November 6, 2024

Swisotel, Tornimäe street 3, Tallinn

Chairs: Jekaterina Šteinmiller and Kurt Cassar

9:30 Registration

10:00 Conference opening

10:05	Anniki Lai , Vice Chancellor for Health Affairs, Estonia
10:10	Ülle Ernits RN, PhD, Rector, Tallinn Health Care College, Estonia
10:15-10:40	Invited speaker: Kaire Innos PhD, National Institute for Health Development, Estonia
10:40-11:00	``Barriers to adapting to Type 2 diabetes, adaptation profiles, and their relationship to complications `` Maarja Randväli RN, MSc et al. (Estonia)
11:00-11:20	``Methods and approaches for developing plain language recommendations of medical guidelines: main highlights of a scoping review`` Mgr. Bc. Alena Langaufova Ph.D et al. (Czech Republic)
11:20-11:40	``Understanding of professional guidelines by lay public – results of RCT pilot study in the Czech Republic`` Mgr. Dana Dolanová PhD. et al (Czech Republic)
11:40-12:30	POSTERS` SESSION (up to 5min presentations)
12:30-13:30	Lunch break
	Digital Health
13:35-14:00	Invited speaker: Luca Bertocchi RN, PhD (Italy)
14:00-14:20	``The Effect of Video-Assisted Training on the Ability to Inject Intramuscular Injection into the Ventrogluteal Area`` Assoc. Prof. Nuray Turan PhD (Turkey)
14:20-14:40	“Digital solutions for the optimization of processes in Operating Theatre” Diana Ptašinskienė (Lithuania) and Anu Ool (Estonia)
14:40-15:00	``Quality of E-learning infection material using the Learning Object Review Instrument: An interrater reliability study`` Assoc. Prof. Nuray Turan PhD (Turkey)
15:00-15:20	Coffee break
15:20-15:45	Quality of care Invited speaker: Prof. Dr. Natalja Istomina RN, PhD (Lithuania)
15:45-16:45	PANEL DISCUSSION: Ulvi Kõrgemaa, Kristi Puusepp, Siiri Maasen, nursing student (Tallinn Health Care College)
17:30-21:00	Social event and networking ‘Fotografiska’ (18:00-21:00) Address: Telliskivi 60a-8, Tallinn

POSTERS`SESSION*

1. ``Overcoming dispositional learning barriers based on the experience of adults entering higher education based on the experience of nursing students in a healthcare college`` Sirk, G. (Estonia)
2. ``First- and fourth year nursing students' assessment of the clinical learning environment, supervision and the role of the nursing teacher`` Nool I., Parm L., Tupits M., Prits I., Kuhi M., Männiksaar L., Eensalu-Lind A., Raudsepp V. (Estonia)
3. ``Nursing students' physical health, health behaviour and attitudes towards being role model to their patients`` Zeel O., Steinmiller J. (Estonia)
4. ``Digital health education and nursing students' perceptions of technology`` Sule, J. (Estonia).
5. ``Assessing aftereffects of daily visual tasks across different realities`` Rääpo D. (Estonia)
6. ``The Experiences and Needs of Parents of Children with Inflammatory Bowel Disease in Coping with the Child's Disease`` Tupits M., Kööp K., (Estonia)
7. ``The Experiences and Needs of Parents of Children with Cerebral Palsy in Coping with the Child's Disease`` Kööp K., Tupits M. (Estonia)
8. ``Phrasing Sensory Integration theory terminology into Estonian based on adaptations of Evaluation in Ayres Sensory Integration, Sensory Profile 2, and Adolescent/Adult Sensory Profile`` Pöldma H-M., Eiche G., Savolainen J., Puura K., Tähtla Ö., (Estonia)
9. ``The activities of the patient education program to promote the well-being of cancer patients`` Ferrarin E., Mis C.C. (Italy)

*Our poster session differs from the traditional format, as we invite authors to present their findings up to 5 min on stage in the main hall, akin to other speakers. Posters will be displayed on the main screen during the session time. A **'Best Poster Award'** will be given for outstanding posters!

Day 2 November 7, 2024*Swisotel, Tornimae street 3, Tallinn*

Chairs: Jekaterina Šteinmiller and Kurt Cassar

9:30 Registration

10:00 Conference opening

10:05-10:30	“Sense of coherence as an underpinning concept in nursing education and research” Invited Speaker: Docent Kay Sundberg PhD (Sweden)
10:30-10:50	“Lecturers' experiences of teaching standardised nursing language to nursing students: An ethnographic research study” Prof. Kristi Rannus RN, PhD (Estonia)
10:50-11:10	“Nurses' Experiences of Completing the Training "Nurses Back to Healthcare" and Returning to Professional Work 2020–2024” Kadri Kööp RN, MSc (Estonia)
11:10-11:30	“The role of healthcare specialized libraries in supporting adult development in promoting health and well-being: future directions” Siret Piirsalu MA (Estonia)
11:30-12:30	POSTERS` SESSION and BEST POSTER AWARD (up to 5min presentations)
12:30-13:30	Lunch break
13:30-13:50	“Reflecting on the health advice legacy of Estonian family magazines (1930–1940): towards a healthy lifestyle” Assoc. Prof. Merle Talvik PhD et al. (Estonia)
13:50-14:10	“Validity and Reliability of the Turkish version of the Infection Prevention Appraisal Scale” Assoc. Prof. Nuray Turan PhD (Turkey)
14:10-14:35	“Health profession education virtual and real: from tradition to the challenges of today” Invited Speaker: Mgr. Ing. Alena Lochmannová, Ph.D. et Ph.D., MBA (Czech Republic)
14:35-15:00	“Lecturers' perceptions and conveyance of academic ethics to students in distance learning” Maigi Lepik MSc et al. (Estonia)
15:00-15:20	“Transforming Intercultural sensitivity Midwifery students through an inclusive mobility model” Annely Kärema MSc et al. (Estonia)
15:20-15:40	Coffee break
15:40-16:05	“Take up and feedback of the Leading an Empowered Organisation (LEO) programme” Prof. Dickon Weir-Hughes (Estonia)
16:05-16:25	“Learning Challenges and Expectations of teaching among neurotypical students and students with ADHD: a comparative analysis” Assoc. Prof. Viktorija Piščalkienė et al. (Lithuania)

16:25-16:45	``The Impact of Blended Learning on Improving Nurses' Hand Hygiene Knowledge in Developing Occupational Safety Culture`` Ljudmila Linnik RN, MSc (Estonia)
16:45-17:05	``International experience benefits in teaching skills of breastfeeding education`` Marge Põldma (Estonia)
17:05	Summary of the conference. Closing Ulvi Kõrgemaa RN, MSc Vice Rector of Academic Affairs, Tallinn Health Care College (Estonia)

POSTERS`SESSION*

1. ``Tactical life-saving aid at the Police and Border Guard Board`` Porval, H., Steinmiller, J. (Estonia)
2. ``Specialist nurses' (endocrinology) interventions and their influencing factors in patient`` Sider A. (Estonia)
3. ``Opportunities for Improving the Quality of Life of Nursing Home Residents through Enhanced Medication Use`` Valner C., Sepp K., Kiloman M., Ruuben L. (Estonia)
4. ``Relactation counselling combined with domperidon helps a mother to achieve breastfeeding relationship`` Põldma M., Raukas R. (Estonia)
5. ``The experiences and needs of family nurses when counselling climacteric female patients`` Grünthal-Drell M., Lelle D., Frischer., Fomitšev L. (Estonia)
6. ``The Development of a Sustainable Quality Management System aligned with the Baby Friendly Hospital Initiative Principles in the East Tallinn Central Hospital Women's Clinic`` Leberecht AM., Maalinn K., Tarmas G., Arusaar V., Taevere K., Koppel A., Põldma M. (Estonia)
7. ``Pregnancy and its outcomes in women with obesity and underweight`` Shelestova L. (Estonia)
8. ``Attitudes towards violence against women of students of the first-year nursing curriculum of Tallinn Health College`` Merits M., Tupits M., Nool I. (Estonia)

*Our poster session differs from the traditional format, as we invite authors to present their findings up to 5 min on stage in the main hall, akin to other speakers. Posters will be displayed on the main screen during the session time. **A 'Best Poster Award' will be given for outstanding posters!**