

Subject program „RaTer17 Public Health”

Year: 2018/2019

Status: Active

Subject language Estonian
Creditpoints 2 ECTS
Grading method Nondistinctive
Academicians Karin Lilienberg, Hanna-Maria Põldma, Liina Riisenberg, Kristi Mõistus, Kaidy Aljama

General

Subject objective To form knowledge about theoretical foundations and functions of public health, public health policy principles, and give an overview of the situation and organizational arrangement of public health in Estonia.

Learning outcomes

1. Understands the nature of public health field, tasks, public health policy principles, and is able to interact health factors having effect on an individual and the community.
2. Knows most common health problems of population in Estonia and activities within the frames of the National Health Development Plan to prevent diseases and promote health.
3. Has an overview of the organizational arrangement of public health in Estonia and creates connections between activities of different institutional sectors and levels.

Learning outcomes	
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Subject program parts

F, OP, TE, Õ, Õ_k, Õpk-j, Ä

Changer confirm	Liina Riisenberg 04.10.2018
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Reviewer confirm	Kristi Puusepp 04.10.2018
Administrator confirm	Kristiina Puura 04.09.2019

Study in different study forms

Study form	Lecture	Excerice	Seminar	Practice	Homework	Internet study	Out of office	Practical training
All study forms	2.0		12.0		14.0	24.0		

General description

Passing the subject forms knowledge about the nature of public health field, tasks, most common health issues of the population, public health policy principles and organizational arrangement of public health in Estonia. The student has skills to link the factors having an influence on the health of an individual and the community and the activities of the institutions belonging to different sectors and levels in the field of public health.

Forms of studying

Lectures, seminars. E-learning in Moodle environment: moodle.hitsa.ee

Teaching methods

Independent processing of materials on an e-course. Completing independent tasks on an e-course, active participation in seminars, final test.

Content and method for independent study

1. Independent processing of materials on an e-course, using a forum if necessary.
2. Independent tasks can be found in e-learning environment Moodle (incl. tasks for the seminar).
3. Passing the control test in e-learning environment during the active period of test (exact date and time in the introductory lecture and in e-environment).

Required reading (K)

Materials in e-learning environment.

Recommended reading (T)

Materials in e-learning environment.

Methods of assessment

Control test, active participation and to complete independently the tasks given by the lecturer on an e-course. The time of opening the control test can be found in e-learning environment.

Grading method: passed, non-passed.

Additional information

Seminar participation is obligatory. Responsible lecturer is Liina Riisenberg. The themes below demonstrate the description of contact classes.

Subject program

Nr	Activity	Hours	Literature	Academicians
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1.	Sissejuhatus ja õppeaine tutvustus; põhimõisted ning ülesannete selgitused. / Introduction and introducing the subject, key terms and explanations of the tasks.	2		Karin Lilienberg, Liina Riisenberg, Kristi Mõistus
2.	Rahvatervise valdkonna olemus, ülesanded, rahvatervisepoliitika põhimõtteid ning üksikisiku ja kogukonna tervist mõjutavate tegurite seosed. / Nature of the field of public health, tasks, links between the factors having an influence on the health of an individual and the community and the public health principles.	4	Materjalid e-õppe keskkonnas. / Materials in e-environment.	Liina Riisenberg
3.	Eesti rahvastiku terviseprobleemid. Rahvastiku tervise arengukava. Tegevused haiguste ennetamiseks ja tervise edendamiseks. Iseseisvate tööde ettekanded. / Health problems of population in Estonia. Development plan of health of population. Activities for preventing diseases and for health promotion. Presentations of independent tasks.	4	Materjalid e-õppe keskkonnas. / Materials in e-environment.	Karin Lilienberg, Kaidy Aljama
4.	Rahvatervise valdkonna organisatoorne korraldus Eestis. Erinevatesse sektoritesse ja tasanditesse kuuluvate institutsioonide tegevused. / Organizational arrangement of public health in Estonia. Activities of different institutional sectors and levels.	4	Materjalid e-õppe keskkonnas. / Materials in e-environment.	Kristi Mõistus

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Changer confirm	Liina Riisenberg 04.10.2018
Reviewer confirm	Kristi Puusepp 04.10.2018
Administrator confirm	Kristiina Puura 04.09.2019

Study in different study forms

Study form	Lecture	Excerice	Seminar	Practice	Homework	Internet study	Out of office	Practical training
All study forms	2.0		8.0		18.0	24.0		

General description

Passing the subject forms knowledge about the nature of public health field, tasks, most common health issues of the population, public health policy principles and organizational arrangement of public health in Estonia. The student has skills to link the factors having an influence on the health of an individual and the community and the activities of the institutions belonging to different sectors and levels in the field of public health.

Forms of studying

Lectures, seminars. E-learning in Moodle environment: moodle.hitsa.ee

Teaching methods

Independent processing of materials on an e-course. Completing independent tasks on an e-course, active participation in seminars, final test.

Content and method for independent study

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2. Independent tasks can be found in e-learning environment Moodle (incl. tasks for the seminar).
3. Passing the control test in e-learning environment during the active period of test (exact date and time in the introductory lecture and in e-environment).

Required reading (K)

Materials in e-learning environment.

Recommended reading (T)

Materials in e-learning environment.

Methods of assessment

Control test, active participation and to complete independently the tasks given by the lecturer on an e-course. The time of opening the control test can be found in e-learning environment.

Grading method: passed, non-passed.

Additional information

Seminar participation is obligatory. Responsible lecturer is Liina Riisenberg. The themes below demonstrate the description of contact classes.

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1.	Sissejuhatus ja õppeaine tutvustus; põhimõisted ning ülesannete selgitused. / Introduction and introducing the subject, key terms and explanations of the tasks.	2		Karin Lilienberg, Liina Riisenberg, Kristi Mõistus

2.	Rahvatervise valdkonna olemus, ülesanded, rahvatervisepoliitika põhimõtteid ning üksikisiku ja kogukonna tervist mõjutavate tegurite seosed. / Nature of the field of public health, tasks, links between the factors having an influence on the health of an individual and the community and the principles of public health.	4	Materjalid e-õppe keskkonnas. / Materials in e-environment.	Liina Riisenberg
3.	Eesti rahvastiku terviseprobleemid. Rahvastiku tervise arengukava. Tegevused haiguste ennetamiseks ja tervise edendamiseks. / Health problems of population in Estonia. Development plan of health of population. Activities for preventing diseases and for health promotion.	2	Materjalid e-õppe keskkonnas. / Materials in e-environment.	Karin Lilienberg
4.	Rahvatervise valdkonna organisatoorne korraldus Eestis. Erinevatesse sektoritesse ja tasanditesse kuuluvate institutsioonide tegevused. / Organizational arrangement of public health in Estonia. Activities of different institutional sectors and levels.	2	Materjalid e-õppe keskkonnas. / Materials in e-environment.	Kristi Mõistus