

CURRICULUM OF TALLINN HEALTH CARE COLLEGE						
Curriculum group		Health care and social services				
Title of the curriculum		Tegevusjuhendaja				
		Client worker for people with mental health problems				
Curriculum code in the Estonian Education Info-System (EHIS)		151998				
INITIAL TRAINING CURRICULUM					CONTINUING TRAINING CURRICULUM	
EKR (EQF) 2	EKR (EQF) 3	EKR (EQF) 4 vocational secondary education	EKR (EQF) 4	EKR (EQF) 5	EKR (EQF) 4	EKR (EQF) 5
			X			
Volume of the curriculum (ECVET):		60 ECVET				
The curriculum is based on:		<ol style="list-style-type: none"> 1. Qualification standard for Client worker for people with mental health problems, level 4 (version 3) adopted on 28.05.2015_ http://www.kutsekoda.ee/et/kutseregister/kutsestandardid/10560276 2. Vocational Educational Institutions Act of Republic of Estonia passed on June 12th, 2013 3. Standard of vocational education, passed on August 26th, 2013 No 130 4. The Statutes of Tallinn Health Care College, passed on January 5th, 2015 by Regulation No. 5 of Minister of Education and Research 5. Curriculum Statute of Tallinn Health Care College. Approved by Tallinn Health Care College Council Decision No 5.1 from April 19th, 2011. 				

Learning outcomes of the curriculum:	<p>The learner that has completed the curriculum of client worker for people with mental health problems:</p> <ol style="list-style-type: none"> 1. Understands the principles of professional work and topical problems and is responsible for completing their professional tasks. 2. Develops client's social skills, develops, preserves and supports client's work capacity taking into account the values of their profession, human rights, professional ethics and equal treatment. 3. Implements teamwork principles in collaboration with health care and social welfare specialists and client network, and communicates while being mutually understanding. 4. Based on self-analysis understands the importance of life-long learning, educates themselves continuously and learns and guides oneself independently. 5. Is able to understand the role of information technology, uses means of information technology for getting, creating and understanding information for personal and work-related purposes. 6. Understands the principles of entrepreneurship and relates the requirements of professional preparation with implementation options at labour market and plans their career.
<p>Implementation of the curriculum (for target groups and forms of study in use): studies are conducted in the form of internal study or distance learning. A person with secondary education or corresponding qualification is allowed to begin their studies at Tallinn Health Care College. Admission requirements and rules are determined with the Rules for Student Admissions of Tallinn Health Care College.</p>	
<p>Requirements for beginning the studies: having basic education.</p>	
<p>Requirements for completing the studies: studies are considered as completed when the learner has achieved the learning outcomes of the curriculum and performed vocational examination necessary for the completion or a final examination, which consists of theoretical part (test or final paper) and practical task (situation task solving).</p>	
<p>Upon full completion of learning outcomes of the curriculum client worker for people with mental health problems, level IV qualification is acquired.</p>	
... partial vocation(s):	none

Structure of the curriculum

Main studies:

1. Assessment of Client's Work Capacity and Planning Activities (18 ECVET, incl. 6 ECVET of Practical training)

Learning outcomes:

- 1.1. Evaluates the client as a whole according to assessment methodology.
- 1.2. Assesses the need of assistive device and supportive services based on the client and legal acts.
- 1.3. Plans activities according to the analysis of assessment results and compiles daily/weekly plan in collaboration with the client.
- 1.4. Understands the principles of legal acts regulating the field of the work, and principles of professional ethics.

2. Instructing and Supporting the Client in Daily Activities (27 ECVET, incl. 9 ECVET of Practical training)

Learning outcomes:

- 2.1. Integrates the client into the community based on the abilities, needs and services of the client.
- 2.2. Instructs and supports the client in their activities of daily living according to the activity plan and taking into account safety risk factors.
- 2.3. Observes the health condition of the client, notices and documents the changes and designs their health behaviour according to the condition of the client and/or activity plan.
- 2.4. Gives first aid in case of conditions, accidents and traumas, calls help and gives CPR in case of clinical death.
- 2.5. Instructs the client on obtaining assistive devices and supportive services according to the legislation.
- 2.6. Creates and preserves suitable network according to the needs of the client and assessment results.
- 2.7. Motivates and activates the client in activities planned and unplanned based on the individual client.

3. Career Planning and Basics of Entrepreneurship (6 ECVET) Learning outcomes:

- 3.1. Understands their responsibility on making informed decisions in life-long process of career planning.
- 3.2. Understands the nature of economy and functioning of economic environment.
- 3.3. Rethinks their role in the business environment.
- 3.4. Understands their rights and responsibilities when functioning in work environment.
- 3.5. Behaves in the way supporting mutual communication.

Elective modules and options for choosing (name and volume): To choose for 9 ECVET, incl 1 of the elective competences

1. Supporting the Client on Studying and Learning (elective competence) (4.5 ECVET)
2. Instructing and Mentorship (elective competence) (4.5 ECVET)
3. Organising Household (elective competence) (4.5 ECVET)
4. Use of Technologies of Digital Era in Studies and Professional Development (4.5 ECVET)
5. Support of Working (4.5 ECVET)
6. Working with Hazardous People (4.5 ECVET)
7. Alternative communication (4.5 ECVET)
8. Working with People with Deep Multiple Disabilities and Unstable Remissions (4.5 ECVET)
9. Hearing and Visual Impairment (4.5 ECVET)

- 10. Public Health (4.5 ECVET)
- 11. Support of Independent Living of Person with Dementia (4.5 ECVET)
- 12. Sex Education (4.5 ECVET)
- 13. Problematic Behaviour (4.5 ECVET)
- 14. Estonian/Russian (4.5 ECVET)
- 15. Specific Nature of Cultures and Religions (4.5 ECVET)
- 16. Motivational Interviewing (4.5 ECVET)
- 17. Mental Health Disorders (4.5 ECVET)

Specialisations (names and volume of the modules): none

Contact person of the curriculum

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Comments:

Annexes:

1. [Operational programme of the modules](#)
2. [Correspondence table](#)